

~ June 2018 ~						
◀ May 2018						Jul 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 6					1 Breakfast: Cereal w/yogurt Lunch: Chicken nuggets, sweet potato fries Pineapple Snack: Jello and apple slices	2
3 Week 7	4 Breakfast: Cheese Omelets and Turkey Bacon Lunch: Ravioli, green beans, pineapples Snack: Yogurt and strawberries	5 Breakfast: Bagels and applesauce Lunch: Swedish meatballs/noodles Field peas and Peaches Snack: sliced oranges and graham crackers	6 Breakfast: Cheesy hash brown casserole Lunch: Turkey and cheese roll up Peas and carrots, Peaches Snack: Animal Crackers and Bananas	7 Breakfast: Turkey bacon Omelets Lunch: Tostadas, Peas, Pears Snack: Cheese sticks and strawberries	8 Breakfast: Muffins with bananas Lunch: Pizza, Mashed Cauliflower Pears Snack: Graham crackers and pudding	9
10 Week 8	11 Breakfast: : Eggs and turkey sausage Lunch: Grilled Turkey and cheese sandwich, Diced carrots and fruit cocktail Snack: Chex mix and blueberries	12 Breakfast: English Muffins and blueberries Lunch: Chicken quesadilla, Black beans and rice, mandarin oranges Snack: Yogurt Parfait	13 Breakfast: Pancakes and blueberries Lunch: Wheat lasagna Field peas, Pears Snack: Animal crackers and cheese sticks	14 Breakfast: Waffles w/ grapes Lunch: BBQ Chicken, Baked beans Fruit cocktail Snack: Goldfish and applesauce	15 Breakfast: Cereal w/yogurt Lunch: Chicken nuggets, Sweet potato fries Pineapple Snack: fruited Jell-O and wafers	16
17 Week 1	18 Breakfast: Cheese Omelets and Turkey Bacon Lunch: Ravioli, green beans pineapples Snack: Animal Crackers and Blue Berries	19 Breakfast: Bagel and Yogurt Lunch: Chicken Fingers Field Peas, Pears Snack: Vanilla Wafers Cheese sticks	20 Breakfast: Cheese toast applesauce Lunch: Loaded Potato, Peas and carrots, Fruit Cocktail Snack: Club Cracker Fruited Jello	21 Breakfast: Waffles, Blackberries Lunch: Turkey and Cheese Sandwiches, Mixed vegetables Mandarin oranges Snack: Baked chips and apple slices	22 Breakfast: Muffins and blackberries Lunch: Pizza Diced carrots Peaches Snack: Cheeze its and apple slices	23
24 Week 2	25 Breakfast:Eggs and turkey sausage Lunch: Grilled Turkey and cheese sandwich, Diced carrots and fruit cocktail Snack: Chex mix and apple slices	26 Breakfast: Bagels, applesauce Lunch: Swedish meatballs/noodles Field peas and Peaches Snack: strawberries and graham crackers	27 Breakfast: waffles and strawberries Lunch: Lasagna with wheat noodles and turkey, Green beans and pears Snack: Cheese sticks and ritz crackers	28 Breakfast: Baked oatmeal Lunch: Chicken and dumplings mixed vegetables, Peaches Snack: Raisins and graham crackers	29 Breakfast: Cereal and strawberries Lunch: Chicken nuggets, Corn Pineapple Snack: Pretzels and pears	30